

## Delphic Maxims

These are just sixteen of what are known as the Delphic Maxims. Although they are good to know and good to keep in mind, here's the good news ...

You won't need to memorize them to take part in Hellenion's Basic Adult Education (BAE) Program.

Nothing Too Much  
Know Thyself  
Aid Friends  
Control Anger  
Shun Unjust Acts  
Acknowledge Sacred Things  
Hold on to Learning  
Praise Virtue  
Avoid Enemies  
Cultivate Kinsmen  
Pity Supplicants  
Accomplish Your Limit  
When You Err, Repent  
Consider the Time  
Worship the Divine  
Accept old Age

If you want to research them later on your own, you are welcome to.

For more information:  
<http://www.hellenion.org/education/>

[www.Hellenion.org](http://www.Hellenion.org)

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# Ελληνιον Hellenion BAE

*The Hellenion course for those who want to learn more about where we are and where we come from.*



## Hellenion BAE FAQ

### What does the BAE contain?

Hellenion's Basic Adult Education (BAE) curriculum is designed to provide an introduction to Hellenic Reconstructionism to our members. It covers the following five areas:

- Hellenic History
- Hellenic Mythology
- Ritual
- Hellenion as an Organization
- The Modern Pagan Community

### How long will it take to complete?

It won't take long. The BAE is designed to be completed in about two hours a week for twelve weeks (24 hours total) assuming the course is taught in a Demos by an experienced teacher and the students have not studied any of the material previously. Solitary study could take more or less time.

Hellenion is currently offering an online version of this course. For more information, please email the BAE proctor at [BAEProctor@hellenion.org](mailto:BAEProctor@hellenion.org)



## The Five Sections

### Hellenic History, Culture and Social Studies

This three-lesson section covers Hellenic History from the Minoan and Mycenaean ages until the end of the Hellenistic period begun by Alexander the Great of Macedonia.

The student will be asked to do basic research on each of these periods and look at what went on at those times.

### Hellenic Mythology Overview

This group of four lessons gives an overview of the major types of mythological formats including the classic poetry of Homer, the plays of Sophocles, the writings of the philosophers (such as Plato), and a look at Hero cults and Nature Deities.

### Hellenic Ritual & Liturgy

**(Basics for individual, family & public worship)**

Here you'll begin to see how a ritual is put together and see what rituals are part of both Ancient and Modern Hellenic Practices. This is the longest section (nine lessons), they are short ones.

### Hellenion as an Organization

The three-lesson section gives an overview of the goals of Hellenion, the by-laws, and the leadership of our organization.

### The Modern Pagan Community

This two-lesson section covers some basic information on national and various local pagan communities.



## After You Are Done

Completion of this course is optional for most members. Only those who wish to apply for our Clergy Education Program (if you are interested, please see our other brochure concerning this program) must document completion of this course to the national office, as Basic Adult Education (or its equivalent), is a prerequisite for clergy study.

People who are not intending to be clergy do not need to document completion of this course unless otherwise required by their local Demos.

Completion of Basic Adult Education is NOT a prerequisite for any Continuing Adult Education courses that Hellenion offers

The development of this course is ongoing in response to the needs of our members. Therefore, member feedback is essential to the success of this program. Please direct your comments to the Adult Education Director.



## Continuing Adult Education

The Continuing Adult Education courses are currently in development, as a response to the needs and desires of our members. Currently we have the following programs/areas of study.

[Exegete Program](#)

[Mantis Program](#)

We also offer book study sessions on a variety of both new and ancient texts, and a class on singing Orphic Hymns.

Please contact the education director with any questions you may have at [education@hellenion.org](mailto:education@hellenion.org)